



Ten Steps to Picking an Effective Educational Program for Youth

Adapted from Nation et al (2003)



Step 1: Youth must be involved in program development.



Step 2: Programs should be based on sound research and logic.



Step 3: Programs should foster strong relationships between youth and adults.



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Step 4: Programs must be culturally relevant.



Step 5: Educators must have great training and support and should be community members.



Step 6: Programming must be appropriately timed to support learning.



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Step 7: Programs must be used varied teaching methods.



Step 8: Programs need to include sufficient time and doses to support learning.



Step 9: Programs should be comprehensive in nature.



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Step 10: Programs should be evaluated regularly and adjusted to meet evolving needs.

**Contact the NSVRC for more consultation
on innovative programs for youth.**

www.nsvrc.org

resources@nsvrc.org

877-739-3895