

### Ten Steps to Picking an Effective Educational Program for Youth

Just Rural Conference, December 2013
Sally J. Laskey





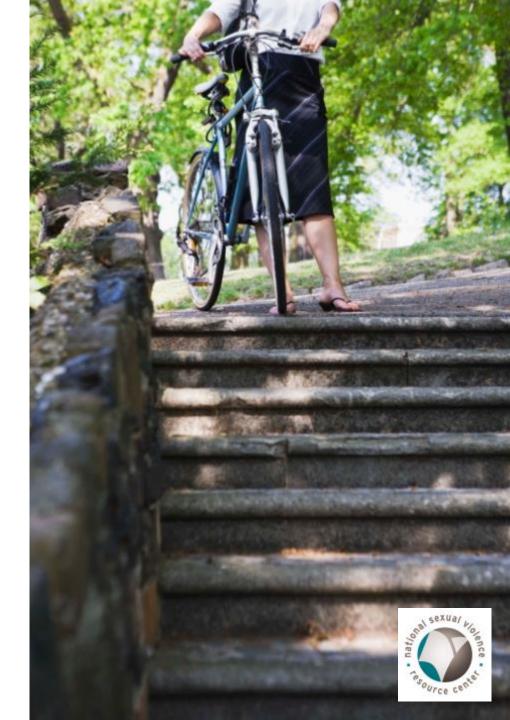
What are you doing in your community?



### ITS LIKE RIDING A BIKE

Materials adapted from

Nine Principles of Effective Prevention Programs (Nation et al, 2003)





#### **TEN EASY STEPS**



#### Step 1: Are youth involved?





Step 2: Get the right gear



### Step 3: Focus on relationships







# Step 4: Create a safe space

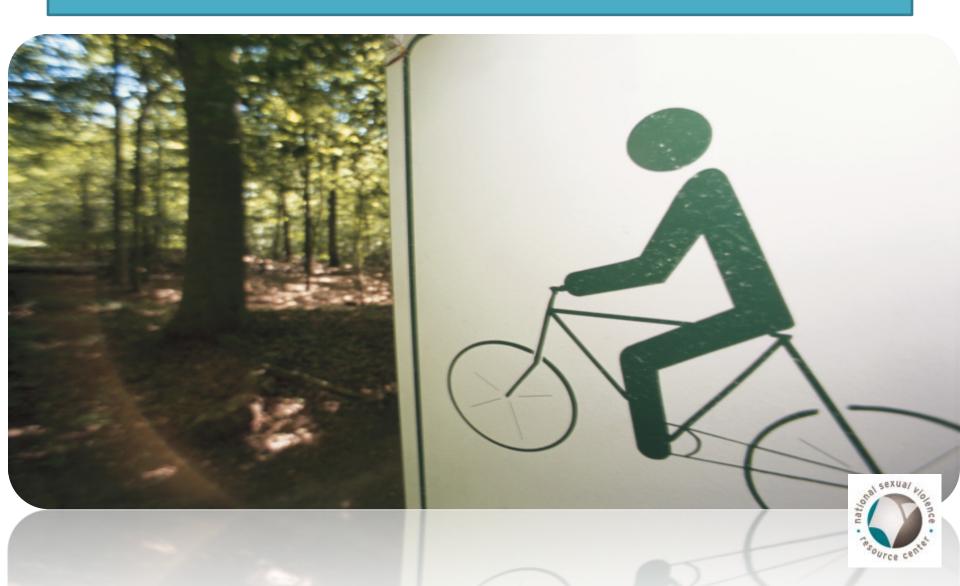




### Step 5: Good Teachers



#### Step 6: Appropriately Timed





Step 7: Use Varied Methods



#### Step 8: Sufficient Doses



#### Step 9: Comprehensive





## Step 10: Make sure you know how to break



Potential Partners







#### **Innovations**

