# we can talk about this

Have you ever wished you could talk to your friend about their problematic sexual behavior?

- maybe you find a friend's behavior uncomfortable when they are drinking
- maybe you heard something and your gut says, this is not right
- maybe someone intervened when concerned, but now you are wondering what happens next



# thinking it through

#### Should I do something?

if you're concerned, or worried about the behavior happening again, the answer is yes

**Should I be the one to say something?** you know best- be mindful of your safety and the situation, consider the relationships at play, and speak from your own experience

Find an ally if helpful, talk it through first with someone you trust



# preparing for a conversation

## pick a place and time

- somewhere in-person where you both feel comfortable and safe
- not too public

#### get connected

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 learn about programs and confidential resources for sexual health and sexual violence prevention education on campus that you and your friend can seek out

## what to say

### start the conversation:

"Hey, can we talk about last night for a minute?"

"I care about you, and what I saw last night worried me."

"Do you remember what happened?"

### keep it going:

"Here's what it looked like from my perspective, and why it worried me..."

"How can we prevent this from happening again?"

#### wrap it up:

"Thank you for talking about this with me. Could we talk again next week?"

### next steps part one

No matter how the conversation went, this was an important thing to do.

By talking about this, you are signaling to the people in your life that you are someone they can talk to about difficult things.

You are helping to make your campus safer.

## next steps part two

If it makes sense for you, keep the connection. Their actions are not your responsibility, but you can remind them of the impact of what they do and say.

Help them connect to resources on campus (counseling, educational programs, alternative resolution options) or online (whatsok.org) to understand what happened, the choices they made, and how they can act differently going forward.

