Proclamation for a healthy future

April is Sexual Assault Awareness Month. This year’s campaign is dedicated to healthy sexuality and young people. It’s time to proclaim our commitment to a healthy future.

Healthy sexuality means having the knowledge and power to express sexuality in ways that enrich our lives. It’s about every person being able to make consensual, respectful, and informed choices. There is no room for pressure, violence, or control.

Healthy sexuality is a vision for sex, relationships, and growth supported by positive skills, helpful information, and open communication.

We proclaim our right to information and resources to empower us and our communities to build healthy relationships and a healthy future.

We will use our voices to share information and skills to support healthy sexuality.

We will connect with adults in our lives that support and listen to us. We will show others the positive role young people play in changing the future.

We will engage with our peers, learn from one another, and model the respect we all deserve.

We will connect with resources in our communities to be involved in projects that promote healthy sexuality and public awareness about sexual violence.

We will challenge unhealthy messages and stereotypes in our culture and the media. We will use our voices to counter misrepresentations and promote respect.

Healthy sexuality is a vision to end sexual violence. We can all create positive change for the future and prevent sexual violence.

My voice promotes a healthy future for all. I am making a difference as an agent of change.