

ENGAGING BYSTANDERS TO PREVENT SEXUAL VIOLENCE

Resource list

Advocates and preventionists can use the following resources while working in their community and with community partners to implement bystander intervention programs to help prevent sexual violence and other forms of oppression.

Publications

Berkowitz, A. D. (2009). *Response ability: A complete guide to bystander intervention*. Chicago, IL: Beck & Co.

Katz, J. (2000). *MVP playbook: For female high school students*. Long Beach, CA: MVP Strategies.

Katz, J. (2000). *MVP playbook: For male high school students*. Long Beach, CA: MVP Strategies.

Potter, S. J., & Banyard, V. (Eds.). (2011). Engaging communities to end sexual violence: Current research on bystander focused prevention [Special issue]. *Violence Against Women*, 17(6).

Tabachnick, J. (2009). *Engaging bystanders in sexual violence prevention*. Retrieved from the National Sexual Violence Resource Center: <http://www.nsvrc.org/publications/nsvrc-publications/engaging-bystanders-sexual-violence-prevention>

Washington Coalition of Sexual Assault Program. (2010). Bystanders: Agents of primary prevention [Special issue]. *Partners*

in Social Change, XIV(1). Retrieved from <http://www.wcsap.org/sites/www.wcsap.org/files/uploads/documents/PISCBystanders2010.pdf>

Websites

1 in 4

<http://www.oneinfourusa.org>

This nonprofit organization works toward preventing sexual assault. Its primary audience is college students and the military. It offers two prevention programs, "The Men's Program" and "The Women's Program."

Mediation@MIT's Active Bystander Program

<http://web.mit.edu/bystanders/index.html>

The website, hosted by Massachusetts Institute of Technology, is geared toward college students and provides information on being an active bystander, offers approaches bystanders can use to intervene, shows scenarios and stories, and gives advice on being an active bystander.

Bringing in the Bystander®

<http://tinyurl.com/c2876bl>

This bystander intervention program



is from the University of New Hampshire. The website provides information and resources.

Green Dot

<http://www.livethegreendot.com>

This organization provides bystander intervention content development and training to organizations and communities.

Hollaback!

<http://www.ihollaback.org>

This movement has online information and resources on ending street harassment. It collects stories of street harassment and testimonials from engaged bystanders.

'I've Got Your Back' campaign

<http://www.ihollaback.org/get-involved>

Green Dot and Hollaback! partnered to promote bystander intervention when street harassment is witnessed. The website also offers practical tips and on how to be an engaged bystander.

Know Your Power®

<http://www.know-your-power.org>

This is a social marketing campaign of the Bringing in the Bystander® program. Campaign posters and a checklist of bystander actions are available on the website.

Mentors in Violence Prevention (MVP) Program

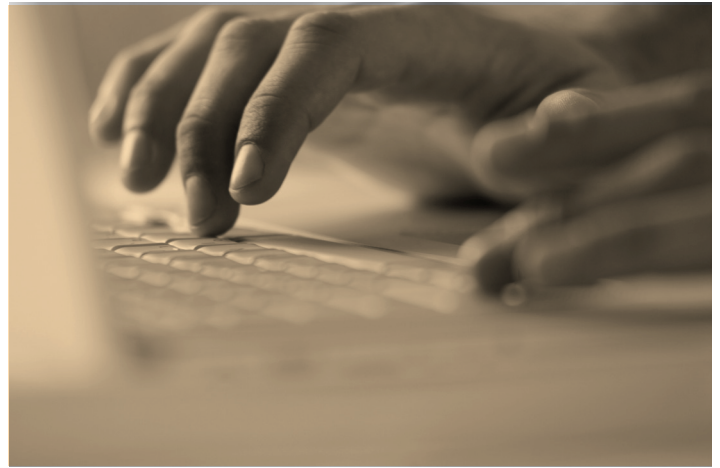
<http://www.mvpnglobal.org>

A leadership program that's goal is to prevent all forms of male violence against women, its audience is high school and college students and professional athletes.

MyStrength Campaign

<http://www.mystrength.org>

This campaign is geared toward men and provides information on sexual violence and the role men



serve. The website offers free downloads of campaign posters, postcards, radio commercials, and buddy icons.

PreventConnect Bystander Intervention

[http://wiki.preventconnect.org/](http://wiki.preventconnect.org/Bystander+Intervention)

Bystander+Intervention

The PreventConnect Wiki on bystander intervention provides links to information, resources and research on bystander intervention programs.

Step Up! Sexual Assault Bystander Intervention

[http://www.stepupprogram.org/topics/sexual_](http://www.stepupprogram.org/topics/sexual_assault)
assault

Developed by the University of Arizona C.A.T.S. Life Skills Program, this website provides information for college students on bystander intervention, action steps to take, and links to additional resources.

Stop Street Harassment

<http://www.stopstreetharassment.org>

This nonprofit organization is dedicated to ending street harassment internationally. The website is an online resource center for information on street harassment. Stop Street Harassment also organizes the International Anti-Street Harassment Week.

That's Not Cool

<http://www.thatsnotcool.com>

This interactive website is sponsored and co-created by Futures Without Violence, the Department of Justice's Office on Violence Against Women, and the Ad Council. The site is geared toward teens and focuses on privacy, healthy communication, setting boundaries, and technology. The website features free callout cards, games, and discussion space for advice.

The Red Flag Campaign

<http://www.theredflagcampaign.org/>

The Red Flag Campaign is a public awareness campaign by the Virginia Sexual and Domestic Violence Action Alliance to address dating violence on college campuses. This campaign was created around bystander intervention strategy, asking bystanders to say something when they see a warning signs of dating violence. The website offers college campuses resources and provides students with information on healthy relationships.

Where Do You Stand?

<http://www.mencanstoprape.org/Strength-Media-Portfolio/preview-of-new-bystander-intervention-campaign.html>

This campaign was developed by Men Can Stop Rape and is geared toward college men. This website provides a campaign guide, downloadable materials and other resources to use the campaign on college campuses.

Online learning tools

Langford, L. (2012, June 13). *Why and how we teach bystander intervention* [Video podcast]. Retrieved from PreventConnect: <http://preventconnect.org/2012/07/mvp-bystander-intervention-linda-langford/>

National Sexual Violence Resource Center. (2009). *Making a difference: Your role in preventing sexual violence on campus* [PowerPoint slides]. Available from <http://www.nsvrc.org/saam/campus-workshop>

PreventConnect. (2008, August 26). *Engaging bystanders in violence against women prevention* [Web conference]. Retrieved from http://preventconnect.org/presentations/Engaging_Bystanders/

PreventConnect. (n.d.). *Engaging bystanders in the prevention of sexual and domestic violence* [Online course]. Available from <http://learn.preventconnect.org/course/view.php?id=8>

Tabachnick, J. (2011). *Engaging bystanders in sexual violence prevention* [Online course]. Available from NEARI Training Center: <http://training-center.neari.com/training-center/form/course-item.jsp?targetCourseId=8&categoryId=0&list=false>

University of Arizona, C.A.T.S. Life Skills Program, & NCAA. (n.d.). *Step Up! Train the trainer webinar: A pro-social behavior/bystander intervention program for student-athletes* [Web conference]. Retrieved from https://admin.na3.acrobat.com/_a40902165/p53698418/?launcher=false&fcsContent=true&pbMode=normal

Mobile apps

Hollaback! (2012). *Hollaback!* [Mobile application software]. Available from <http://www.ihollaback.org/resources/iphone-and-droid-apps/>

The Line Campaign. (2012). *Circle of 6* [Mobile application software]. Available from <http://www.circleof6app.com/>

Spanish-language resources

Diaz de León, E. (2010, September 29). *Comprometer a los espectadores en la prevención de la violencia sexual* [Bystander intervention in Spanish speaking communities] [Audio podcast in Spanish]. Available from PreventConnect: <http://www.calcasa.org/blog/bystander-intervention-spanish-speaking-communities>

Mentors in Violence Prevention Strategies. (1999). *10 cosas que los hombres pueden hacer para terminar con la violencia de los hombres contra las mujeres* [10 things men can do to end men's violence against women]. Retrieved from http://www.jacksonkatz.com/PDF/10things_enespanol.pdf

National Sexual Violence Resource Center. (2011). *Es tiempo... de encontrar recursos en español sobre cómo involucrar a los espectadores* [It's time ... to find resources about engaging bystanders]. Retrieved from http://www.nsvrc.org/sites/default/files/file/SAAM/SAAM_2011-ResourceListSp.pdf

Tabachnick, J. (2009). *Comprometer a los espectadores en la prevención de la violencia sexual* [Engaging bystanders in sexual violence prevention]. Retrieved from the National Sexual Violence Resource Center: http://www.nsvrc.org/sites/default/files/Publications_NSVRC_Booklets_Comprometer-a-los-espectadores-en-la-prevencion-de-la-violencia-sexual-sm_0.pdf

Training tools

Active Bystander Program and Mediation at Massachusetts Institute of Technology. (2004). *Interactive scenarios*. Retrieved from: <http://web.mit.edu/bystanders/interactive/index.html>
This website provides four scenarios where the user can explore bystander options on how to approach a particular situation.

Boston Area Rape Crisis Center. (n.d.). *Bar workshop*. Available from: <http://barcc.org/active/bars/>

Materials to train bar owners and staff on how to be engaged bystanders to prevent sexual violence. Materials include a PowerPoint presentation, scenarios with a facilitation guide, and tips for bar owners and staff.

National Sexual Violence Resource Center. (2011). *"It's time ..." scenarios, diagrams and discussion points*. Available from: <http://www.nsvrc.org/saam/bystander-resources>
Various scenarios are available for download that include discussion points and possible responses to situations.

For more information, contact the National Sexual Violence Resource Center at 877-739-3895 or visit <http://tinyurl.com/ofrw5v2>.

