

## **Alternative Medicine**

### **SART Listserv**

**June 2007**

**Background:** Do any SARTs offer alternative medicine or collaborate with providers that offer this as an option?

#### **Colorado**

- We utilize alternative therapies and provide referrals
- We collaborate with Homeopathic Providers, Medical Intuitive, Naturopathic Doctors (ND), Massage Therapists, Hypnotherapists, Acupuncturists and Nutritionists. T
- Referrals depend on what the client (patient) needs at time of service and if the client and provider are a good fit.

#### **Florida**

- Has an in-house yoga program at rape crisis center called Gentle Yoga for Trauma survivors.
- Yoga is great for reconnecting/making peace with the body, managing the biochemistry of trauma, and addressing intrusive thoughts.

#### **Texas**

- In Texas, a sexual assault counselor uses Emotional Freedom Techniques (EFT) as an aid to both physical and emotional healing
- If you want to know more about it, go to [www.jaynemorgankidd.com](http://www.jaynemorgankidd.com) For lots more information go to [www.emofree.com](http://www.emofree.com) (the official website).

#### **State Unknown**

- We refer to a tribal doctor program