



IT'S TIME ... TO TALK ABOUT IT! CONNECT. RESPECT. PREVENT SEXUAL VIOLENCE.

It's time ... to get connected. Healthy sexuality resources

To learn more about healthy sexuality, check out the following resources. Many of the resources listed below provide links to other websites, reading lists, and newsletters for more information. Descriptions are adapted directly from their websites.

Online resources about healthy sexuality

The American Social Health Association (ASHA)

www.ashastd.org

ASHA is dedicated to improving the health of individuals, families and communities with an emphasis on sexual health and a focus on preventing sexually transmitted diseases.

Association of Sexuality Educators, Counselors, and Therapists (ASSECT)

www.aasect.org

ASSECT is an interdisciplinary professional organization promoting understanding of human sexuality and healthy sexual behavior.

Healthy Sexuality for Sexual Violence Prevention: A report on promising curriculum-based approaches

http://www.vsdvalliance.org/primary_prevention/partners/vsdvaaStatewide/tools/Healthy%20Sexuality%20Curriculum%20Report_FINAL.pdf

This list of curricula by the Virginia Sexual and Domestic Violence Action Alliance focuses on tools that prevent unhealthy behaviors.

Internet Sexuality Information Services (ISIS)

www.isis-inc.org

ISIS develops technology for promotion of sexual health and healthy relationships. ISIS provides leadership, innovation, educational resources and research in online sexual health promotion.

The Line Campaign

<http://whereisyourline.org>

The Line Campaign empowers young leaders to create a world without sexual violence. This campaign creates dialogues around sexuality, relationships, consent and sexual violence by using film, social media, and community building.

National Sexual Violence Resource Center (NSVRC)

www.nsvrc.org

Founded by the Pennsylvania Coalition Against Rape in 2000, the NSVRC develops and disseminates resources regarding all aspects of sexual violence prevention and intervention.

Personal SPACE

www.thearcmd.org/programs/personal_space.html

A gender violence prevention curriculum



IT'S TIME ... TO TALK ABOUT IT! CONNECT. RESPECT. PREVENT SEXUAL VIOLENCE.

for women with developmental disabilities developed by the Arc Maryland. The curriculum—*The Personal SPACE Program*—was developed by women with developmental disabilities, family members, and professionals in the fields of developmental disabilities, sex education, counseling, violence prevention, training, and evaluation.

Planned Parenthood Federation of America
www.plannedparenthood.org

Planned Parenthood is the nation's leading sexual and reproductive health care provider and advocate. Planned Parenthood offers information and tools for teens, parents and educators.

S.A.F.E. A Personal Safety Training Guide for Adults with Disabilities and Care Providers

<http://www.pcar.org/abuse-those-disabilities>
S.A.F.E. is designed to educate adults with disabilities about abuse and their rights. This curriculum includes a module on sexual abuse that serves as a safety guide exploring ways to prevent and handle abuse situations.

SexEdLibrary

www.sexedlibrary.org

SexEdLibrary, a comprehensive online resource for sexuality education, is a project of the Sexuality Information and Education Council of the United States. SexEdLibrary provides lesson plans and resources on sexual and reproductive health, relationships and body image.

Sexuality Information and Education Council of the United States (SIECUS)

www.siecus.org

SIECUS provides education and information

about sexuality and sexual and reproductive health.

WholeSomeBodies: Broadening the Conversation About Sexuality and Sexual Violence Prevention

www.vtnetwork.org/wp-content/uploads/WSB-manual-09.pdf

This sexuality education resource focuses on integrating sexuality into our wholeness as an approach to sexual violence prevention, created by the WholeSomeBodies workgroup of the Vermont Sexual Violence Prevention Task Force.

World Association for Sexual Health (WAS)

www.worldsexology.org

WAS promotes sexual health throughout the life span and through the world by promoting and supporting sexology and sexual rights.

World Health Organization (WHO)

www.who.int/topics/sexual_health/en/

WHO is the coordinating authority for health within the United Nations system. The health topics webpage on sexual health provides links to publications and fact sheets on sexual health.

Online resources related to youth

Advocates for Youth

www.advocatesforyouth.org

Advocates for Youth works help young people make informed and responsible decisions about their reproductive and sexual health.

Answer

<http://answer.rutgers.edu>

Answer is a national organization dedicated to providing and promoting comprehensive sexuality education to young people and the adults who teach them.



IT'S TIME ... TO TALK ABOUT IT! CONNECT. RESPECT. PREVENT SEXUAL VIOLENCE.

The Consensual Project

www.theconsensualproject.com

The Consensual Project partners with schools and universities to bring programming on consent to students. The curriculum, workshops, and website empower young people to incorporate consent into their daily lives.

I Wanna Know

www.iwannaknow.org

Iwannaknow.org, by the American Social Health Association (ASHA), offers information on sexual health, sexually transmitted infections (STIs), and healthy relationships for teens

The Native Youth Sexual Health Network (NYSHN)

www.nativeyouthsexualhealth.com

NYSHN is an organization working on issues of healthy sexuality, cultural competency, youth empowerment, reproductive justice, and sex positivity by and for Native youth.

Relationship Status

www.youblisher.com/p/191492-Relationship-Status

This online booklet by the Vermont Network Against Domestic and Sexual Violence uses comic book illustrations and activities to discuss healthy relationships and sexuality for teens.

Scarleteen: Sex Ed for the Real World

www.scarleteen.com

Scarleteen is a grassroots sexuality education and support organization and website.

Stay teen

www.stayteen.org

Stayteen.org offers information on sex, relationships and contraception for teens.

Sex, Etc.

www.sexetc.org

Sex, Etc. is part of the Teen-to-Teen Sexuality Education Project developed by Answer, a national organization dedicated to providing and promoting comprehensive sexuality education to young people and the adults in their lives.

Online resources on talking with children about sexuality

Children Now

www.childrennow.org/index.php/learn/twk_sex

Children Now promotes children's health and education through multi-issue research, policy development, and advocacy. *The Talking with Kids about Tough Issues* webpage on sex and relationships provides parents with tools and advice on discussing sex and sexuality.

Flash Lesson Plans:

Comprehensive Sexuality Education

www.kingcounty.gov/healthservices/health/personal/famplan/educators/flash.aspx

From the King County Office of Public Health, *FLASH* uses an abstinence-based strategy while talking about healthy sexuality throughout the life span and prevention of HIV/AIDS, sexually-transmitted infections (STIs), and pregnancy.

Life Planning Education:

A Youth Development Program

www.advocatesforyouth.org/publications/555?task=view

Advocates for Youth's family-life education program, *Life Planning Education: A Youth Development Program*, includes chapters on sexuality, relationships, health, violence, and prevention as well as chapters on skills-building, values, self-esteem and parenting.



IT'S TIME ... TO TALK ABOUT IT! CONNECT. RESPECT. PREVENT SEXUAL VIOLENCE.

Prevent Child Abuse Vermont

www.pcavt.org

Prevent Child Abuse Vermont promotes healthy relationships between children and the people who care for them to eliminate child abuse.

There's No Place Like Home ... for Sex Education

www.noplacelikehome.org

This resource provides relevant, age-appropriate sexuality information, and communication hints for parents. Based on Planned Parenthood's, *There's No Place Like Home... For Sex Education*, this resource is available in Spanish and has been adapted for Native American communities.

Online resources about gender and sexuality Gay, Lesbian, and Straight Education Network (GLSEN)

www.glsen.org

GLSEN is an education organization working to ensure safe schools for all students, regardless of sexual orientation and gender identity. Services include research briefs, policy action and tools for community organizing.

It's All One

www.popcouncil.org/publications/books/2010_ItsAllOne.asp

The Population Council's *It's All One* curriculum provides guidelines and activities for a unified approach to sexuality, gender, HIV and human rights education.

MyStrength

www.mystrength.org

The MyStrength campaign centers on the theme of "My Strength is Not for Hurting," and is

designed to raise awareness of sexual violence among youth and highlight the role that young men can play in healthy, safe relationships.

TrueChild

www.truechild.org

TrueChild promotes "gender transformative" approaches to improving life outcomes for children and youth, particularly in reproductive health, gender-based and homophobic violence, and educational under-achievement.

Online resources about sexuality in later life

American Psychological Association (APA)

www.apa.org/pi/aging/resources/guides/sexuality.aspx

APA's *Aging and Human Sexuality Resource Guide* provides information about aging and sexuality for health care professionals.

National Sexuality Resource Center (NSRC)

<http://nsrc.sfsu.edu/issues/sex-and-aging>

National Sexuality Resource Center creates content founded on sexual literacy—the positive, integrated, and holistic view of sexuality from a social justice perspective.

Sexuality in Later Life

www.sexualityandaging.com

The *Sexuality and Aging Today* blog is dedicated to enhancing the sexual health, knowledge and well-being of people in mid and later life by providing quality sexuality education to individuals, couples and to professionals who serve them.